<table>
<thead>
<tr>
<th>TIME</th>
<th>SESSION</th>
<th>LOCATION</th>
</tr>
</thead>
<tbody>
<tr>
<td>09:45</td>
<td>OPENING CEREMONY</td>
<td>PLENARY ROOM 101 up to 1100 seats</td>
</tr>
<tr>
<td>10:30</td>
<td>MEP: VIEWS FROM THE EU</td>
<td>PLENARY ROOM 101 up to 1100 seats</td>
</tr>
<tr>
<td>13:05</td>
<td>LUNCH</td>
<td>ROOM 208 up to 240 seats</td>
</tr>
<tr>
<td>14:00</td>
<td>KEYNOTE LECTURE 1</td>
<td>PLENARY ROOM 101 up to 1100 seats</td>
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<tr>
<td>14:45</td>
<td>KEYNOTE LECTURE 2</td>
<td>PLENARY ROOM 101 up to 1100 seats</td>
</tr>
<tr>
<td>14:45</td>
<td>INTERNATIONAL JOINT SESSION 1: DEMENTIA</td>
<td>PLENARY ROOM 101 up to 1100 seats</td>
</tr>
<tr>
<td>14:45</td>
<td>INTERNATIONAL JOINT SESSION 2: MEDICINE</td>
<td>PLENARY ROOM 101 up to 1100 seats</td>
</tr>
<tr>
<td>14:45</td>
<td>INTERNATIONAL JOINT SESSION 3: LONELINESS IN OLDER PEOPLE</td>
<td>PLENARY ROOM 101 up to 1100 seats</td>
</tr>
<tr>
<td>14:45</td>
<td>INTERNATIONAL JOINT SESSION 4: LONGEVITY AND GERONTOLOGY</td>
<td>PLENARY ROOM 101 up to 1100 seats</td>
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<tr>
<td>14:45</td>
<td>INTERNATIONAL JOINT SESSION 5: MEDICAL USE OF MEDICINES</td>
<td>PLENARY ROOM 101 up to 1100 seats</td>
</tr>
<tr>
<td>14:45</td>
<td>INTERNATIONAL JOINT SESSION 6: POPULATION HEALTH</td>
<td>PLENARY ROOM 101 up to 1100 seats</td>
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<tr>
<td>14:45</td>
<td>INTERNATIONAL JOINT SESSION 7: ADULTS: DIAGNOSTIC APPROACH AND FREQUENT GIS DISORDERS IN OLDER</td>
<td>PLENARY ROOM 101 up to 1100 seats</td>
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<tr>
<td>14:45</td>
<td>INTERNATIONAL JOINT SESSION 8: ORAL COMMUNICATIONS</td>
<td>PLENARY ROOM 101 up to 1100 seats</td>
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<tr>
<td>14:45</td>
<td>INTERNATIONAL JOINT SESSION 9: ORAL COMMUNICATIONS</td>
<td>PLENARY ROOM 101 up to 1100 seats</td>
</tr>
<tr>
<td>14:45</td>
<td>INTERNATIONAL JOINT SESSION 10: POSTER SESSION</td>
<td>PLENARY ROOM 101 up to 1100 seats</td>
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</tbody>
</table>

**Welcome reception Helsinki City Hall**

**21 September**

**PLENARY ROOM 101 up to 1100 seats**

**ROOM 102 up to 200 seats**

**ROOM 103A up to 250 seats**

**ROOM 208 up to 240 seats**

**ROOM 209 up to 80 seats**

**ROOM 204 up to 70 seats**

**ROOM 205 up to 70 seats**

**ROOM 207 up to 100 seats**

**ROOM 201 up to 100 seats**

**ROOM 203 up to 100 seats**

**INDUSTRY SESSION**

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**INDUSTRY SESSION**
Current topics discussed at the Industry Session include:

- **Telemedicine in a Geriatric Setting**
  - Helka Hosia, Finland
  - Roberto Bernabei, Italy
  - Chairs: Harriet Finne-Soveri, Finland, and Carlotta Arnone

- **Intrinsic Capacity and Functional Ability**
  - Robyn Marfell-Jones, New Zealand
  - Chairs: Harriet Finne-Soveri, Finland, and Carlotta Arnone

- **WHO Recommendations on Measures of Achievements**
  - Antonio Cherubini, Italy

- **UN Decade of Healthy Ageing: Update**
  - Antonio Cherubini, Italy

- **Palliative Care in HF**
  - Thérèse A. McDonagh, United Kingdom

- **HFpEF**

  - Roberto Bernabei, Italy

- **OPEN FEEDBACK SESSION**
  - Elina Sillanpää, Finland

- **Mammalian Models of Extended Healthy Lifespan**
  - Sumru Savas, Turkey

- **The Influence of Social, Economic, and Cultural Factors on Longevity**

  - Spain, Maria Bonnici, Malta, Rui Buzaco, Portugal

- **Pharmacology SIG**

  - Chairs: Sylvie Bonin-Guillaume, France, Santiago Cotobal Rodeles, Spain

- **AHF, Prevention, and Early Stage Heart Failure**

  - Petreska Zovic, North Macedonia

- **North Macedonia - Main Challenges**

  - Petreska Zovic, North Macedonia

- **Chloride and Kidney Function in Older Adults**

  - Chairs: Andrea Ungar, Italy, Athanase Benetos, France

- **Conclusive remarks of the Round table**

  - Discussion

- **Ramatane, Andalucía, Spain**

  - Chairs:  Andrea Ungar, Italy, Athanase Benetos, France

- **Antipsychotics and (de)prescribing – how to go forward?**

  - Chairs: Jurgen Bauer, Germany, Eric Boulanger, France

- **Antipsychotics for patients with dementia who are nearing the end of life**

  - Chairs: Finbarr Martin, United Kingdom, Genc Burazeri, Albania

- **O-091 Implementation of a tailored multifaceted antibiotic stewardship intervention with a participatory-action-practices and their use of antibiotics differ?**

  - Chairs: Johannes Trabert, Germany, Isabel Sebjørnsen, Norway

- **O-072 Addressing Frailty & Healthy Ageing in the London Borough of Newham: Outcomes from Newham University**

  - Chairs: Chloe French, United Kingdom, Giorgi Beridze, Sweden

- **O-070 Gender predictive power of muscle mass, muscle functionality, and fall-related concerns on mobility - a SPRINT-T study**

  - Chairs: Emilio Fumero, Spain, Giorgi Beridze, Sweden, Estefania Elizabeth Abundis-Márquez, Mexico

- **O-069 Mortality Prediction Among Community-dwelling Older Adults: A Systematic Review**

  - Chairs: Finbarr Martin, United Kingdom, Genc Burazeri, Albania

- **O-068 Association Between Pollution and Frailty in Older People: A Cross-Sectional Analysis of the UK Biobank**

  - Chairs: Veerle van der Klei, Netherlands, Robin Daly, Australia

- **O-067 Frailty and Avoidable Hospitalizations in Older Adults: The Role of Clinical, Functional, and Contextual Factors**

  - Chairs: Finbarr Martin, United Kingdom, Genc Burazeri, Albania

- **O-066 Frailty and avoidable hospitalizations in older adults: the role of clinical, functional, and contextual factors**

  - Chairs: Veerle van der Klei, Netherlands, Robin Daly, Australia

- **O-065 Co-occurrence of frailty and sarcopenia in acutely admitted older patients: Results from the Copenhagen PROTECT study**

  - Chairs: Finbarr Martin, United Kingdom, Genc Burazeri, Albania

- **O-064 Co-occurrence of frailty and sarcopenia in acutely admitted older patients: Results from the Copenhagen PROTECT study**

  - Chairs: Finbarr Martin, United Kingdom, Genc Burazeri, Albania

- **O-063 Identifying and Estimating Frailty Phenotypes by Vocal Biomarkers**

  - Chairs: Estefania Elizabeth Abundis-Márquez, Mexico, Giorgi Beridze, Sweden, Estefania Elizabeth Abundis-Márquez, Mexico

- **O-062 Measuring long-term effects of an intervention focusing on improving medication adherence in frail older adults**

  - Chairs: Pali Tsioumis, Greece, Ioannis Raptopoulos, Greece

- **O-061 Anti-diabetic drugs use in older patients and factors associated with their use: A systematic review**

  - Chairs: Ioannis Raptopoulos, Greece, Pali Tsioumis, Greece

- **O-060 Associations between physical activity and hospital care use in vulnerable older adults: a 1-year prospective follow-up study**

  - Chairs: Ioannis Raptopoulos, Greece, Ioannis Karantonis, Greece

- **O-059 Gender predictive power of muscle mass, muscle functionality, and fall-related concerns on mobility - a SPRINT-T study**

  - Chairs: Emilio Fumero, Spain, Giorgi Beridze, Sweden, Estefania Elizabeth Abundis-Márquez, Mexico

- **O-058 Multi-Center Randomized Control Trial of A Modified Multifactorial Intervention Program for Older Adults with Frailty and functional dependence**

  - Chairs: Finbarr Martin, United Kingdom, Genc Burazeri, Albania

- **O-057 Gender predictive power of muscle mass, muscle functionality, and fall-related concerns on mobility - a SPRINT-T study**

  - Chairs: Emilio Fumero, Spain, Giorgi Beridze, Sweden, Estefania Elizabeth Abundis-Márquez, Mexico

- **O-056 Implementing a tailored multifaceted antibiotic stewardship intervention with a participatory-action-practices and their use of antibiotics differ?**

  - Chairs: Johannes Trabert, Germany, Isabel Sebjørnsen, Norway

- **O-055 Using frailty screening instruments in daily clinical practice: conclusions from a diagnostic comparative analysis of Randomized Controlled Trials**

  - Chairs: Katleen Fagard, Belgium, Chloe French, United Kingdom

- **O-054 Safety and Efficacy of a Respiratory Syncytial Virus Vaccine (mRNA-1345), Against a Spectrum of Strains in Older Adults**

  - Chairs: Emilio Fumero, Spain, Giorgi Beridze, Sweden, Estefania Elizabeth Abundis-Márquez, Mexico

- **O-053 Effectiveness and acceptability of an autonomous digital solution in older versus younger persons**

  - Chairs: Giorgi Beridze, Sweden, Estefania Elizabeth Abundis-Márquez, Mexico
14:00
14:45
14:50
16:05
UNMET THERAPEUTIC NEEDS IN GERIATRICS
Chairs: Francisco José Tarazona Santabalbina, Spain; Jouko Laurila, Finland
1. Delirium
Bjørn Erik Neerland, Norway
2. Sarcopenia
Gülistan Bahat, Turkey
3. Obesity
Lorenzo Donini, Italy

TECHNOLOGY TO SUPPORT HEALTHY AGING
Chairs: Susan Shenkin, United Kingdom; Jesper Ryg, Denmark
1. Can currently available technology identify and manage falls risk?
Clemens Becker, Germany
2. 'Exergames': how can commercially available games promote and monitor exercise?
Emma Stanmore, UK
3. How can wearable devices help people living with dementia?
Dorota Religa, Sweden

OPTIMIZING DRUG THERAPY IN OLDER PEOPLE
Chairs: Graziano Onder, Italy; Mirko Petrovic, Belgium
1. Implementation of appropriate (de-)prescribing in clinical practice
Debi Bhattacharya, United Kingdom
2. "Optimal prescribing dilemma's in diuretics"
Eveline van Poelgeest, The Netherlands
3. "Tackling prescribing cascades" or "Think cascades"
Paula Rochon, Canada

WORKSHOP "SILLY WALKS"
1. Gait: common gait changes in older persons
Mary Ni Lochlainn, United Kingdom
2. Parkinsonisms in older persons with frailty
Johannes Trabert, Germany
3. Gait and cognitive decline
Guillaume Chapelet, France

SUBMITTED SYMPOSIUM ANOREXIA OF AGING – NEW EVIDENCE AND APPROACHES
Chairs: Dorothee Volkert, Germany; Marjolein Visser, The Netherlands
1. Dietary characteristics of community-dwelling older adults with poor appetite
Pia Scheufele, Germany
2. Studying the associations between sleep quality, mood, pain and appetite in community-dwelling older adults using diary data: a daily experience study
Hanneke A.H. Wijnhoven, The Netherlands
3. Innovative lifestyle interventions to address poor appetite in older adults
Anna Quinn, Ireland

SUBMITTED SYMPOSIUM DIFFERENT APPROACHES TO IMPROVING THE CARE OF OLDER PERSONS LIVING IN NURSING HOMES
Chairs: Marco Inzitari, Spain; Amaia Calderón-Larrañaga, Sweden
1. Multimorbidity patterns, frailty and their prognosis in institutionalized older adults: results from the I-CARE4OLD project
Davide Liborio Vetrano, Sweden
2. Developing and researching implementation of a Minimum Dataset in UK care homes
Rachael Carroll, United Kingdom
3. Applying a Multidisciplinary Intervention for Drug Adequacy in Nursing Homes: AMIDA-NH project
Anna Maria de Andrés, Spain

ORAL COMMUNICATIONS
Chairs: Ulla Aalto, Finland; Tahir Masud, United Kingdom
O-101 Loneliness, social inactivity and social isolation and their association with health-related quality of life and mortality risk in older adults
Laura Rautiainen, Finland
O-102 Validation of the Hospital Anxiety and Depression Scale (HADS) in Geriatric Patients: A Cross-Sectional Study
Anne Fons, Netherlands
O-103 Early retirement intentions among employees aged 50–65 years: Prevalence across 17 European countries and association with loneliness
Inna Lisko, Finland
O-104 What is the Association between Psychotropic Medication Use and Orthostatic Hypotension in Community-Dwelling Older People: Data from TILDA
Desmond O’Donnell, Ireland
O-105 The Association Between Sarcopenia and Blood Pressure Recovery After Standing
Eoin Duggan, Ireland
O-106 Sarcopenia Prevalence and Outcomes in Older Men With Obesity: EWGSOP2 vs. ESPEN-EASO Definitions
David Scott, Australia
O-107 Creatinine-to-cystatin C ratio, as a novel marker of skeletal muscle mass and myosteatosis
Yasuharu Tabara, Japan

ORAL COMMUNICATIONS
Chairs: Hanna Pajulammi, Finland; Esa Jamsen, Finland
O-108 European survey on subcutaneous antibiotics administration
Louise-Marie Mesplés, France
O-109 Pharmacokinetics Of Ceftriaxone Administered by Subcutaneous Or Intravenous Route In Patients Aged Over 65 Years: the Phasage Study
Héloïse Fauchon, France
O-110 Medication Adherence in Hospitalized Patients Enrolled in the APPROACH Randomized Controlled Trial
Elena Barbieri, Italy
O-111 Trends in Drug Duplications in Swedish Older Adults: A Nationwide Register Study from 2006 to 2019
Jonas Wastesson, Sweden
O-112 The burden of managing medicines for older people with sensory impairment: an ethnographically-informed study
Tomas Welsh, United Kingdom
O-113 Inappropriate medication use in older inpatients according to the TIME criteria: a multicenter, cross-sectional study from Türkiye
Serdar Ozkok, Turkey
O-115 End stage kidney disease treatments: a difficult choice to elderly patients?
Ana Farinha, Portugal

CLOSING CEREMONY
16:30
17:30